

Myopia Doctor Discussion Guide

Myopia, or nearsightedness, is a common condition caused by a longer than normal eye, which leads to a difficulty in seeing distant objects clearly. If you think you may be nearsighted, see an eye doctor to determine if you have myopia and which treatments are best.

Questions To Ask Your Doctor

What are the treatment options for myopia?

How do I choose between contact lenses and glasses?

If I have other eye conditions, how can I best manage them together?

Am I a candidate for eye surgery?

Do I have any other general or eye conditions that need to be addressed before surgery is a possibility?

Will I still need to wear glasses or contacts after surgery?
