

Glaucoma Doctor Discussion Guide

A comprehensive eye exam may reveal that you have high intraocular eye pressure (IOP) or other risk factors for glaucoma. Though there currently is no cure for glaucoma,¹ high IOP can be managed with eye drops, laser surgery or conventional surgery.² Glaucoma can lead to permanent loss of vision³— so it's important that you understand your diagnosis and what your doctor recommends. Here are some questions to ask.

Questions to Ask Your Doctor

What caused my condition?

What is my prognosis?

What are my treatment options?

Why have you chosen the treatment that you've prescribed?

Are there any risks from the treatment you've prescribed?

Will the eye drops you've prescribed interact with anything else I am taking?

How often should I get a checkup?

¹Glaucoma Research Organization. Facts and Stats. <http://www.glaucoma.org/glaucoma/glaucoma-facts-and-stats.php>. Accessed February 14, 2013.

²The Glaucoma Foundation. Treating Glaucoma. http://www.glaucomafoundation.org/treating_glaucoma.htm. Accessed February 14, 2013.

³National Eye Institute. Facts About Glaucoma, Glaucoma Symptoms. http://www.nei.nih.gov/health/glaucoma/glaucoma_facts.asp#a. Accessed February 8, 2013.