

Dry Eye Doctor Discussion Guide

Dry eye is a condition caused by changes in either the quantity or quality of your tears, causing irritation and possible damage to your eyes. If you think you may have dry eye, a visit to an eye care professional may be the next step.

Questions To Ask Your Doctor

What are the symptoms of dry eye?

What are some of the causes of dry eye?

Is there a way to test for dry eye?

Can dry eye lead to other vision problems?

How is dry eye related to natural tears?

Are there any changes I can make to my lifestyle or my environment that could help with my dry eye?
