

Contact Lens Doctor Discussion Guide

There are many different types of contact lenses and your eye care professional can provide valuable insight into which type is best for your specific needs. Knowing what sort of questions to ask will help you get the most out of a consultation with your eye care professional.

Questions To Ask Your Doctor

What are my vision correction options?

What type of contact lenses will provide the best vision and most flexibility given my activities and needs?

What are the advantages and disadvantages of rigid vs. soft lenses?

What are the advantages and disadvantages of disposable vs. extended-wear lenses?

What do I need to do to wear contact lenses safely? Are there any long-term issues with wearing contacts?

How many hours per day or days per week can I wear contacts?

How will I know if there's a problem with my contact lenses?

How can I protect my vision while playing sports?
